

Naked Spirit: The Physical, Psychological, Emotional and Spiritual Maps for Health and Disease Including The Assemblage Point Blueprints

by Jon Whale

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Reviewed by Linda Christie

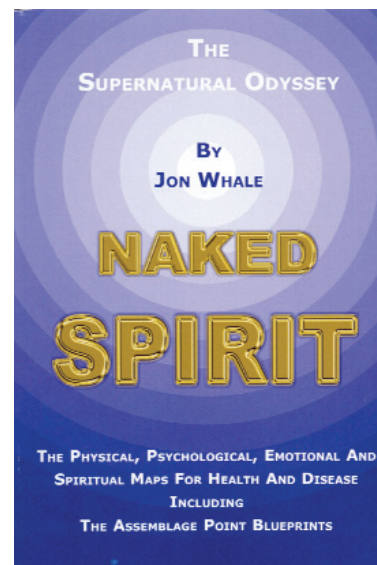
Jon Whale is a scientist of the old school, a Newton for the twenty-first Century; experimenting with an open mind, curious about reality and the mysteries of life. At an early age he was constructing a machine at school to measure the electrical frequencies emitted by the brain, a prototype bio-feedback machine that was appreciated by his classmates but not his teachers. As an impoverished student he experienced Satori while working late into the night on his experiments. The heightened awareness and experience of light was only explained when Jon visited the East and his enquiry into the esoteric science documented in religious works began. Jon's life's work is documented in this book *The Naked Spirit*. Here are the maps for transformation and an important analysis of the Assemblage point and how to realign it to its correct position.

All who have read Carlos Casteneda's books of his apprenticeship with a Yaqui Indian will have been intrigued by Don Juan's method of moving the Assemblage point bringing Casteneda to a greater awareness and shaking him from his fixed western viewpoint. Jon has worked over many years to investigate how the location of the Assemblage point is of vital importance to human health and well being. The basis of his work is well described and the information on how to shift the Assemblage point clear and easy to understand. Various methods are described so that his material can be used

to help humanity out of its dire situation. The specific effects of drugs, violence and disease are all documented well.

Jon sees clearly the many negative and positive states human beings can inhabit, and how this one vital energetic point is the missing piece of the jigsaw in our attempts to become whole, healthy, aware, loving and creative. Like the unseen elephant in the room, the importance of the Assemblage point needs recognition. I only hope this work becomes more widely used in the mainstream of societies around the world. Many have already used Jon's insights and some of their case histories are included in the book. *The Catalyst of Power*, Jon's first book describing the Assemblage point, was also well received by readers of *Positive Health*. This new book *Naked Spirit* expands and enlarges the previous work, and other subjects are introduced: methods of seeing clearly how negative and positive states affect us, how handwriting can reveal our true personality and how the Assemblage point can be realigned using gem therapy.

A fascinating part of Jon's book for me was his exploration of the human state after death and how the many religions of the world describe these realms. This esoteric understanding dovetails with his own work with the Assemblage Point for when near death, the point will move downwards from the heart to the navel and after passing a critical line death will ensue. The Tibetans under-



stood this and found ways to exit the body at death through the crown chakra, thus breaking the endless round of reincarnation by a dying consciously; all very interesting and more importantly informative. This book not only fascinates but gives you the tools to make significant life changes. At the end of the book, Jon mentions how in the last chapter he exposes more of himself than he intended due to a powerful out of body experience. To me, these insights into his personality add warmth to a book whose only criticism could be that this is no light read: it's fascinating and immensely useful to us all, and real experiences make a textbook inspiring.

The Catalyst of Power

by Jon Whale

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Reviewed by Linda Christie

Carlos Casteneda's apprenticeship with Don Juan opened the door to many of the mysteries of the energy body. The

brief explanation on how Don Juan moved his Assemblage point through a sharp blow to the shoulder blades was

informative but not very helpful for a real understanding of how the Assemblage point works. Jon Whale has studied this



Book Reviews Continued

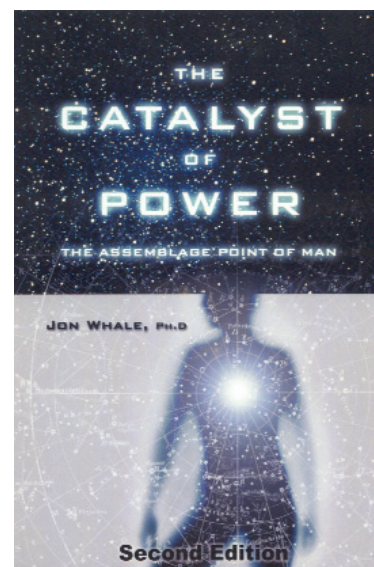
significant and vital point in his work *The Catalyst of Power*. This book offers real and important insights into how to find, and if necessary move, the Assemblage Point to its correct position. Alongside this in depth look at the workings of the Assemblage Point he explains his work with Electric Gem Lamp Therapy and the use of gemstones with a light source to gently heal mental, emotional and physical problems.

The Assemblage point works in a similar way to the magnetic energy fields of the earth. In both there is an entry and exit point where all the fields draw together into a bundle, for the earth around the north and south poles. In a human being the many external layers of the energy field are connected and anchored through the human body at the Assemblage Point. When you are in balance, this point enters through the front of the heart and exits out the back in a straight line at the same level. Due to illness or shock this point can move out of alignment and Jon Whale has studied how various different angles of entry and movements to left, right, up or down can affect health in a specific way. Physical depletion, panic and anxiety, depression, psychosis and many other conditions all have their own patterns of distorted, misalignment that can be brought back into balance using Jon's methods. Basically the lower the Assemblage Point drops towards the navel, the closer you will be to a severe illness or death.

Jon has explained several ways of moving the Assemblage Point back to its correct position, the method chosen depending on the strength and ability of the healer. A specially shaped quartz crystal is the most likely tool to assist the process. In essence, the book teaches you how to work with the Assemblage Point and understand the deeper indications about the patients health from what you

find. Directions are thorough and detailed but without some previous training, may be difficult to grasp for anyone unused to feeling energy. With this proviso I feel this is an important and helpful book placing emphasis on the original and very real causes of suffering, so alignment and recovery can be addressed at a deep energetic level. The results Jon documents are spectacular and create interest in this fascinating area of study.

The Catalyst of Power also explores to use the healing power of Electronic Gem Lamp Therapy. A brief history of the gemstones used by Tibetan and Indian physicians precedes many of Jon Whale's case studies that explain the use of different gems and their properties. A combination of these two methods: realigning the Assemblage Point to its correct position and using gem infused light, produces a speedy healing process and a gentle recovery from many difficult to treat diseases and imbalances. Jon Whale offers his insights so others can understand and follow his procedures: he explains how to find the correct crystal for moving the assemblage point or a source where you can find the gem therapy lamps he uses. For many healers concerned with personal growth and medical practitioners faced with difficult challenges to treat disease, this book offers real insight into how to help those in need. I would recommend this book to anyone looking for the bottom line, the energetic causes of ill health and distress. An understanding of Jon's work by medical professionals, who have to rely so often on the possibly toxic drugs to heal the body, would make a real difference to an overstretched health system. Jon Whale has brought a scientific mind to an area of exploration that is often based on belief and supposition rather than hard fact and documented evidence. Good!



About the Reviewer

Linda Christie is a Kinesiologist who has developed her own system of healing and looking at reality. People looking for spiritual understanding particularly enjoy this work that covers not only the release of negativity but also the positive understanding and knowing we hold within. The aim of Resonance Kinesiology is to understand your own problems and learn to heal and balance yourself on many levels. Linda runs one to one healing breaks, retreats and courses from her home in the Highlands of Scotland. Her book on *Resonance Kinesiology* is available from www.resonancekinesiology.com Linda may be contacted on Tel: 01463 761254; christie777@btinternet.com www.resonancekinesiology.com

Further Information

Both these books are available from www.dragonrising.com at the special price of £34.95; also from www.whalemedical.com/cs1.html and from www.amazon.co.uk